

Intro to AEDP Training for BIPOC Clinicians

Presented by AEDP of the Finger Lakes

May-June 2021 Sat. Workshops

3 Session Saturday 11-3
Workshops: 5/15, 6/12, 6/26
Suggested fee for 3 sessions
\$150-200, commitment to
ensuring that cost is not a
barrier.
CEUs available

Registration/ Info:
[www.aedpfingerlakes.org/
upcoming-events.html](http://www.aedpfingerlakes.org/upcoming-events.html)

This training space is specifically held for clinicians identifying as Black, Indigenous, Latin, Asian, and other traditionally underrepresented persons of color (BIPOC). We hope this will be a valuable contribution to our local, regional, AEDP, and mental health communities, and toward our collective struggle to dismantle racism. This training will be co-facilitated by a multiracial team of AEDP clinicians under the leadership of Dr. Kahlila Robinson.

Developed by Dr. Diana Fosha, AEDP (Accelerated Experiential Dynamic Psychotherapy) is an experiential, attachment-based model. AEDP's key therapeutic action is the undoing of aloneness and the establishment of the therapeutic relationship, experienced as both safe haven, and secure base. AEDP is a precise, effective way of working with trauma and emotion, toward healing, transformation, and flourishing. AEDP is a really FUN, authentic, and freeing way of being with our clients!